

# COLORADO CENTER FOR DIGESTIVE DISORDERS

Jonathan E. Jensen, MD FACP FACG

303-776-6115

## ENDOSCOPIC RETROGRADE CHOLANGOPANCRETIOGRAPHY (ERCP)

### DIETARY INTRUCTIONS:

- **FOR A MORNING PROCEDURE, DO NOT EAT OR DRINK AFTER MIDNIGHT INCLUDING WATER**
- **FOR AN AFTERNOON PROCEDURE, YOU MAY HAVE A CLEAR LIQUID BREAKFAST, THEN NOTHING BY MOUTH FIVE HOURS BEFORE YOUR PROCEDURE. Clear liquids include:** water, tea, apple juice, broth(chicken, beef or vegetable), black coffee, white cranberry juice, white grape juice, 7up, ginger ale, Sprite, Mountain Dew, jell-o, Colas, Gatorade, and popsicles. **Avoid anything with red coloring.**

**NOTHING TO EAT OR DRINK AFTER \_\_\_\_\_ AM/PM.**

### MEDICATION INSTRUCTIONS:

- **Stop** the following drugs seven (7) days prior to your procedure: Blood Thinners such as Coumadin, Warfarin, Plavix, aspirin and anti-inflammatory drugs (i.e. Motrin, Advil, Naprosyn, Feldene, Ibuprofen, etc.) and iron tablets (multivitamins with iron are permitted). **TYLENOL IS PERMITTED**

**STOP DATE \_\_\_\_\_.**

- If you typically take morning medication for heart problems, breathing problems, high blood pressure or seizures, please take these medications as you normally would the morning of the procedure with only a small sip of water, or if in doubt about whether to take your pills, simply bring them with you and you can take them after your procedure.

**YOU SHOULD CONTINUE YOUR REGULAR MEDICATIONS UNLESS OTHERWISE SPECIFIED.**

### PROCEDURE DETAILS:

Date: \_\_\_\_\_ . Check in time: \_\_\_\_\_ AM/PM.

Plan to be at the hospital for a total of 5-6 hours. Admission for observation is possible if papillotomy is done during your procedure. **Test results will be available to you in 1 week.**

Longmont United Hospital, 1950 Mountain View Ave, Longmont, CO, (303-651-5009). Day Surgery enter from the north side of the hospital off of 14<sup>th</sup> Ave., report to Patient Registration Desk.

**You must have someone drive you home after the procedure.** If the person driving you does not remain at the hospital, they must be within a 30-minute distance and the nurse will notify them when you are almost ready to leave. **YOU ARE NOT ALLOWED TO TAKE A TAXI, BUS OR WALK HOME. IF YOU DO NOT HAVE A RIDE, YOUR PROCEDURE WILL BE CANCELLED.** You will be asked not to drive for 12 hours after the sedation. Most people feel tired after being sedated so rest is recommended. You may resume regular activity the next day. You will be at the hospital 5-6 hours.